

INDOOR WINTER WORKOUTS

SATURDAYS ~ 10 AM - 12 PM

JANUARY 7, 14, 21 & 28, FEBRUARY 4, 11, 18 & 25, MARCH 3 & 10



\$70.00 ALL 10 SESSIONS

(additional player/ sibling \$45, max \$140 per Family)
(must be paid in full at time of Registration - checks payable to LSAA)

or \$10.00 Per Session/ Per Player

SCHOOL LANE CHARTER SCHOOL

2400 Bristol Pike, Bensalem PA

(NEW LOCATION: allows us to keep the cost the same without additional cost to LSAA Softball.)



Winter Workouts are a great opportunity for players to sharpen and strengthen their softball skills before the start of the Spring Season. Workouts cover fundamentals and basics of the game; hitting, fielding and pitching, along with some running drills. The workouts are hosted by representatives of the L.S.A.A. Softball organization, and will sometimes include the assistance of coaches and/or players from Lower South Liberty Fastpitch.



Registration forms can be submitted at workouts or mailed to:

L.S.A.A. Softball Winter Workouts, c/o Sandra Watkins, 2024 Oakford Avenue, Oakford, PA 19053

SORRY NO REFUNDS!

For additional information and updates, please visit our website at www.lsaagsoftball.com

or Email: Barb Reynolds, Vice-President - galssoftball@comcast.net - 215-322-1332

NAME: _____ DOB: _____
LAST FIRST M.I. (MM/DD/YYYY) Age as of Jan. 1, 2012

_____ DOB: _____
LAST FIRST M.I. (MM/DD/YYYY) Age as of Jan. 1, 2012

ADDRESS: _____
STREET CITY/ STATE ZIP CODE

PARENT/ GUARDIAN NAME: _____ PHONE: _____

EMAIL ADDRESS: _____ MEDICAL INSURANCE CARRIER: _____

EMERGENCY CONTACT: _____
NAME RELATIONSHIP PHONE

I, the parent/guardian of the registrant, a minor, or adult registrant of legal age, agree that I and the registrant will abide by the rules of LSAA Softball, and Lower Southampton Township, their affiliated organizations and sponsors. Recognizing the possibility of physical injury associated with softball and in consideration for LSAA, and Lower Southampton Township accepting the registrant for its softball programs and activities (the "Programs"), I hereby release, discharge, and/or otherwise indemnify LSAA, and Lower Southampton Township, their affiliated organizations and sponsors, their employees and associated personnel, including owners of the fields and facilities utilized for the Programs, against any claim by or on behalf of the registrant as a result of the registrant's participation in the Programs, and/ or being transported to or from the same, which transportation I hereby authorize.

OFFICIAL USE ONLY—PAYMENTS	INITIALS
/	
CASH AMOUNT/ DATE	
/ /	
CHECK AMOUNT/ CHK NO. / DATE	

PARENT/ GAURDIAN SIGNATURE DATE

DISCLAIMER

"THE SOLE PURPOSE OF DISTRIBUTING THIS FLYER IS TO PROVIDE INFORMATION TO THE COMMUNITY. THE NESHAMINY S.D. DOES NOT ENDORSE OR SANCTION THE EVENTS/ACTIVITIES LISTED IN THIS FLYER. PARENTS/GUARDIANS ARE URGED TO THOROUGHLY RESEARCH ANY ORGANIZATION PROVIDING SUCH INFORMATION BEFORE MAKING A DECISION TO PARTICIPATE."